



OUR MENU

119 HATFIELD STREET, DINWIDDIE, GERMISTON





Menu

WEEK 1

MONDAY

Breakfast: Maltabella

Snack: Biscuits

Lunch: Rice, Chicken Mince Stew & Cabbage

Snack: Popcorn

TUESDAY

Breakfast: Oats

Snack: Sandwiches

Lunch: Tomato Mince, Spagetti & Sweet Potato

Snack: Custard & Jelly

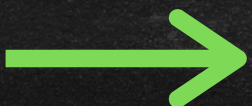
WEDNESDAY

Breakfast: Mieliepap

Snack: Freshly Baked Chocolate Muffin

Lunch: Curry Chicken, Macaroni, Beetroot

Snack: Sandwiches



Drinks: Water, Juice, Tea & Hot Chocolate



Menu

WEEK 1

THURSDAY

Breakfast: Maltabella

Snack: Sandwiches

Lunch: Vegetable Soup & Bread

Snack: Popcorn

FRIDAY

Breakfast: Mieliepap

Snack: Biscuits & Juice

Lunch: Nuggets & Mash

Snack: Fruits



The more colorful the food, the better.

...eat your vegetables

Menu Subject to change without notification



Drinks: Water, Juice, Tea & Hot Chocolate



Menu

WEEK 2

MONDAY

Breakfast: Oats

Snack: Biscuits

Lunch: Beef Mince Stew, Mielie Rice & Mix Vegetables

Snack: Fruit

TUESDAY

Breakfast: Mieliepap

Snack: Freshly Baked Bran Muffin

Lunch: Samp, Tamato Chicken & Sweet Potato

Snack: Sandwiches

WEDNESDAY

Breakfast: Maltabella

Snack: Fruits

Lunch: Chicken Curry, Rice & Cabbage

Snack: Custard & Jelly



Drinks: Water, Juice, Tea & Hot Chocolate



Menu

WEEK 2

THURSDAY

Breakfast: Maltabella

Snack: Sandwiches

Lunch: Mince Pea Soup & Bread

Snack: Popcorn

FRIDAY

Breakfast: Mieliepap

Snack: Biscuits & Juice

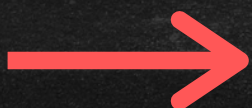
Lunch: Fish Fingers, Mash & Mix Vegetables

Snack: Fruits



A veg a day is a healthy way.

Menu Subject to change without notification



Drinks: Water, Juice, Tea & Hot Chocolate